FOCUS GROUP MEETING

FEBRUARY 7, 2011

PRESENT: Director Craig Burr, Director Steve Turley, Captain Rex Talbot, James Evans, Lisa Knight, Roy Droddy, Wendy Jefferies, Lacee Harris, Molly Prince Jodi Huyboom – Recorder

Craig welcomed everyone to the meeting.

A Focus Group newsletter was distributed and will be included with the meeting minutes.

Director Turley was asked to attend the meeting to answer questions people may have regarding Division of Institutional Operations. Director Turley's areas of responsibility include Draper and Gunnison site prisons, and the Inmate Placement Program.

Steve wanted those in attendance to know that he is an easy going person, and he will do everything he can to answer your questions here at the meeting as well as if you have questions in the future. You do not have to wait for a quarterly Focus Group meeting to get your questions or concerns answered. There is also a Corrections e-mail address that the public can e-mail their concerns to. The e-mails are always answered.

Molly reported that each time she visits and has to go to a difference facilities, she encounters different vibes from the visiting staff. Oquirrh staff has been very accommodating and willing to work with the public. Other areas are colder and not so willing. Different people work in each visiting area and each person has their own personality. Regardless of where the public goes to visit their friends or family they should always be treated with respect. If the public does not get this respect, please let Director Turley know. He cannot fix the problem if he does not know what the problem is.

Molly reported that on one visit to the Uinta facility, on the ground outside of the fences she found a health care request form. She found another health care request form inside the Uinta administration building and gave that one to the control room officer. At that time, Molly told the control room officer that another request form was outside on the ground. Molly went outside and gathered the request form and gave that to the control room officer. Molly as well as Director Turley has concerns that these forms were found outside. Steve did let those in attendance know the process of the health care request forms so they would know how the forms were

found outside. When an inmate fills out a health care request form, that form is taken by the nurse or medical assistant from the building and over to the medical department in Wasatch. The forms should never have been lost outside, but that is how they got outside.

Molly also stated that when an inmate fills out a health care request form, the inmates are not being seen in a timely manner or seen at all. Steve provided information on what the process is once an inmate fills out a health care request form. The inmate fills the form out with why he/she needs to see a medical professional. That form is then logged by the medical secretary and an appointment is made. Appointments are made for inmates just as they are for the public. May take weeks to be able to see a doctor or nurse, but they are seen. If it is an emergency, then the inmate will be seen sooner depending on what the health issue is.

Molly wanted to know how to be able to see if the inmate is receiving medical treatment. Steve directed Molly that the inmate will need to fill out an Executor document listing Molly or whomever he wants to have access to his medical history directly to the medical department. This is not a form that Molly or the public can fill out. The request must come directly from the inmate to the medical department.

Molly had an issue with consistently being denied visiting privileges with her nephew due to her being a married women and the inmate being a single male. Each visiting request is reviewed on a case-my-case basis. Molly reported she has submitted requests in the past once she was denied visiting access and each time she was denied. Steve asked that Molly get a notarized document from the bio mother and bio father giving their permission for Molly to visit their son without having Molly's husband present. Molly will get that information to Director Turley so the visiting request can be reviewed once again.

Roy Droddy wanted to know why commissary stopped stocking aftershave for the inmates. This aftershave has been in commissary for many years. Steve will check on why this product is no longer available. There could be many reasons why it is no longer stocked.

James Evans had a question about his restitution payment. James was instructed to contact the Board of Pardons and Parole (801 261-6464) or mail 448 E Winchester St # 300 Murray, UT 84107-8530.

Director Craig Burr informed those in attendance that currently, the Department of Corrections has been offering Gender Responsive training as well as Motivational Interviewing. Both of these classes help staff learn the correct way in treating inmates and the public. These classes have had a tremendous and positive effect on staff that have attended the classes.

Molly asked Captain Talbot about pamphlets she has donated to the prison. Rex has put the magazines in the prison libraries.

Roy reported that Salt Lake County Aging Services has donated books for people over 55. These books provide great resources to inmates that are about to parole and are over 55. Craig instructed Roy to take the books back to Salt Lake County and then have Salt Lake County mail or take the books to the Draper prison mail/property room attention Captain Rex Talbot. After discussing the best way to distrubite the books, it was decided that once an inmate is over 55 years old and close to parole, the case manager meets with the inmates and at that time the case manager will give the inmate the resource book. The inmate will take the book with him/her once they have paroled.

Molly wanted to know if Focus Group meeting flyers will ever be posted in the visiting rooms. Deputy Director Nori Huntsman has e-mail each housing captain this information, but the flyers have not been posted.

Lisa Knight had a great idea on the information that should be included in the flyer. Attached to the minutes is the newsletter. At the bottom of the newsletter is the Focus Group information. Lisa suggested that information at the bottom be used on the flyers. Craig will work on getting the flyers posted in the visiting areas.

Roy Droddy had questions about Kosher meals. Attached to the minutes is a Kosher menu.

Roy had a question about an elderly inmate that is mapped for parenting classes. This inmate wrote to Roy wanting to know why he would have to take parenting classes at his age. Steve told Roy that the inmate will need to write to the map writer or case manager and see if his mapping needs to be changed. This is something the inmate will need to take care of on his own.

Dr. Garden will be invited to attend a future focus group meeting so he can answer questions regarding medical issues. Dr. Garden has been asked if he can attend the July 11, 2011 meeting.

Next Focus Group meeting is scheduled for April 4, 2011, at 6:45 PM.

If you have anything you would like to be on the agenda for the April 4 meeting, please e-mail Jodi Huyboom your items. Her e-mail address is jodihuyboom@utah.gov.

In April's meeting Director Burr will provide budget information that came from the legislature this year.

Meeting called to adjournment.



February 7, 2011
FOCUS Newsletter
Utah Department
of Corrections

FOCUS NEWSLETTER FOR FEBRUARY 7, 2011

Our commitment to "doing what works" has affected the in-service training we are providing to our certified (correctional officer and law enforcement officer designations) staff and to our clinicians who provide therapy and who are also either CO's or LEO's. Topics this fiscal year included:

Case Action Planning (previously known as Mapping, Case Planning, and Offender Management Plan)

Gender Responsivity (Working With Diverse Populations)

Motivational Interviewing

Understanding Substance Abuse Cycles of the Justice Service (Offender) Population



Are you looking for ways to volunteer in your community to make Utah better?

E-mail us at: UDCProgrammingOffice@utah.gov

To Our FOCUS Group Participants

We appreciate your investment of time in this meeting and want to know how we can make it more valuable to you.

"Destiny is not necessarily what we get out of life, but rather, what we give."

-- Cary Grant

Thank You Special Guest!!

Steve Turley, Director, Division of Institutional Operations

Director Turley has oversight responsibility for the Utah State Prison (Draper), the Central Utah Correctional Facility (Gunnison) and the Inmate Placement Program (state inmates in county jails). His wardens are Alfred Bigelow (Draper) and Dennis Sorensen (Gunnison) and his statewide jail coordinator is Glenn Ercanbrack.

The Utah Department of Corrections has jurisdiction over 6,500+ incarcerated offenders. These inmates are housed at the Utah State Prison in Draper, Utah, the Central Utah Correctional Facility in Gunnison, Utah, and in many county jails around the state with which the Department has contracts.

Significant Events & Awards

We are pleased to announce Bradley Ault of Central Utah Correctional Facility is EMPLOYEE OF THE QUARTER. Ault supervises the library system within the Gunnison, UT prison.

UDC was recognized by the Utah Defendant Offender Workforce Development Committee (federal, state, local, private membership) for our efforts to strengthen community partnerships and put inmates, parolees and probationers to work.

A transition program for mentally ill parolees is being piloted in Salt Lake County. The program incorporates UDC Clinical Services, Adult Probation & Parole's Fremont Community Correctional Center and Mental Health Court partners and philosophies. Agents Lance Edwards and Brent Moody supervise the parolees.

The Utah Department of Corrections invites you to participate in FOCUS. Quarterly focus group meetings are designed to encourage community involvement in offender success. Meetings take place at Adult Probation and Parole's Region Three office, 36 West Fremont Ave. (1100 South) in Salt Lake City. We meet in the conference room to the right of the main doors.

Save the Date -- Next **FOCUS** Meetings: April 4, 2011 – 6:45 PM; July 11, 2010 - 6:45 PM; October 3, 2011 - 6:45 PM; and January 9, 2012 - 6:45 PM

February 7, 2011 THROUGH February 13, 2011

	repruary 7, 201	INKUUGH	February 13, 2011	
	Subject To Change			
D.O	BREAKFAST:	LUNCH:	DINNER:	
Monday				
	February 7, 2011		pu , , , , , , , , , , , , , , , , , , ,	101
	Plain Pancakes 3 ea	Tuna 1 pouch	Entrée 1 ea ENTRÉE SENT-	
	Syrup 2 ea	Canned Fruit 2 styro cups	Fresh Fruit 2 ea	
	Fresh Fruit 2 ea	Bagel 1 ea	Little Debbie Cookie 1 ea	
	Cold Cereal 2 ea	Mayonnaise/Mustard 1 ea	Punch 1 ea	
	Milk 1 ea	Kosher Chips 1 bag Milk 1 ea		
Tuesda	V	WIIN I CA		
	February 8, 2011			102
	Waffles 3 each	Baked Potato 1 ea	Entrée 1 ea ENTRÉE SENT-	
	Syrup 2 ea	Margarine 2 ea	Fresh Fruit 2 ea	
	Fresh Fruit 2 ea	Corn Muffin 2 ea	Little Debbie Cookie 1 ea	
	Cold Cereal 2 ea	Honey 2 pak	Punch 1 ea	
	Milk 1 ea	Green Salad 3/4 c		
		Salad Dressing 2 sm pkt		
		Milk 1 ea		
Wednes	-			400
	February 9, 2011	Donnie British & with	Entra 4 on Phiympp orky	103
	Omelette 1 ea KIND SENT-	Peanut Butter 1 pkt	Entrée 1 ea ENTRÉE SENT-	
	Catsup 2 ea	Jelly 1 ea	Fresh Fruit 2 ea	
	Fresh Fruit 2 ea	Bagel 1 ea	Little Debbie Cookie 1 ea	
	Cold Cereal 2 ea	Fresh Fruit 2 ea	Punch 1 ea	
• • •	Kosher Pastry 1 ea	Green Salad 3/4 c		
•••	Milk 1 ea	Salad Dressing 2 sm pkt		
		Kosher Chips 1 bag Milk 1 ea		
Thursda	V	Wink 1 Ca		(
·	February 10, 2011			104
	Breakfast Entrée KIND SENT-	Tuna 1 pouch	Entrée 1 ea ENTRÉE SENT-	•
	Syrup 2 ea	Canned Fruit 2 styro cups	Fresh Fruit 2 ea	
	Fresh Fruit 2 ea	Bagel 1 ea	Little Debbie Cookie 1 ea	
	Cold Cereal 2 ea	Mayonnaise/Mustard 1 ea	Punch 1 ea	
	Milk 1 ea	Kosher Chips 1 bag		
Friday	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	Milk 1 ea		
riluay	February 11, 2011			105
	Omelette 1 ea KIND SENT-	Baked Potato 1 ea	Entrée 1 ea ENTRÉE SENT-	
	Catsup 2 ea	Margarine 2 ea	Fresh Fruit 2 ea	
	Fresh Fruit 2 ea	Corn Muffin 2 ea	Little Debbie Cookie 1 ea	
	Cold Cereal 2 ea	Honey 2 pak	Punch 1 ea	
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	Milk 1 ea	Salad Dressing 2 sm pkt		
	100	Milk 1 ea		
Saturda	/			
	February 12, 2011			106
	Cold Cereal 4 ea	Tuna 1 pouch	Peanut Butter 1 pkt	
	Fresh Fruit 2 ea	Canned Fruit 2 styro cups	Jelly 1 ea	
•	Kosher Pastry 1 ea	Bagel 1 ea	Bagel 1 ea	
	Milk 2 ea	Mayonnaise/Mustard 1 ea	Fresh Fruit 2 ea	
		Kosher Chips 1 bag	Kosher Chips 1 bag	
		Milk 1 ea	Milk 1 ea	
Sunday	F-h			4.627
	February 13, 2011	m	مدد د سد عد سدگاه عدسا و و می	107
	Omelette 1 ea KIND SENT-	Baked Potato 1 ea	Entrée 1 ea ENTRÉE SENT-	
	Catsup 2 ea	Margarine 2 ea	Fresh Fruit 2 ea	
	Fresh Fruit 2 ea	Corn Muffin 2 ea	Little Debbie Cookie 1 ea	
	Cold Cereal 2 ea	Honey 2 pak	Punch 1 ea	
	Kosher Pastry 1 ea	Green Salad 3/4 c		
	Milk 1 ea	Salad Dressing 2 sm pkt		
		Milk 1 ea		

February 14, 2011

THROUGH

February 20, 2011

	Subject To Change			
	BREAKFAST:	LUNCH:	DINNER:	
Monday	,			
	February 14, 2011			20
	Omelette 1 ea KIND SENT-	Peanut Butter 1 pkt	Entrée 1 ea ENTRÉE SENT-	
	Catsup 2 ea	Jelly 1 ea	Fresh Fruit 2 ea	
	Fresh Fruit 2 ea	Bagel 1 ea	Little Debbie Cookie 1 ea	
	Cold Cereal 2 ea	Fresh Fruit 2 ea	Punch 1 ea	
	Kosher Pastry 1 ea	Green Salad 3/4 c		
	Milk 1 ea	Salad Dressing 2 sm pkt		
		Kosher Chips 1 bag		
Tuesda		Milk 1 ea		
ruesua	February 15, 2011			20
	Plain Pancakes 3 ea	Tuna 1 pouch	Entrée 1 ea ENTRÉE SENT-	
	Syrup 2 ea	Canned Fruit 2 styro cups	Fresh Fruit 2 ea	
	Fresh Fruit 2 ea	Bagel 1 ea	Little Debbie Cookie 1 ea	
	Cold Cereal 2 ea	Mayonnaise/Mustard 1 ea	Punch 1 ea	
	Milk 1 ea	Kosher Chips 1 bag	7 01.011 1 00	
•		Milk 1 ea		
Wednes	=			
	February 16, 2011			20:
	Omelette 1 ea KIND SENT-	Baked Potato 1 ea	Entrée 1 ea ENTRÉE SENT-	
	Catsup 2 ea	Margarine 2 ea	Fresh Fruit 2 ea	
	Fresh Fruit 2 ea	Corn Muffin 2 ea	Little Debbie Cookie 1 ea	
•	Cold Cereal 2 ea	Honey 2 pak	Punch 1 ea	
	Kosher Pastry 1 ea	Green Salad 3/4 c		
	Milk 1 ea	Salad Dressing 2 sm pkt Milk 1 ea		
Thursda	ıv	Wilk 164		
	February 17, 2011			20
	Waffles 3 each	Peanut Butter 1 pkt	Entrée 1 ea ENTRÉE SENT-	
	Syrup 2 ea	Jelly 1 ea	Fresh Fruit 2 ea	
	Fresh Fruit 2 ea	Bagel 1 ea	Little Debbie Cookie 1 ea	
	Cold Cereal 2 ea	Fresh Fruit 2 ea	Punch 1 ea	
	Milk 1 ea	Green Salad 3/4 c		
		Salad Dressing 2 sm pkt		
		Kosher Chips 1 bag		
Cridov		Milk 1 ea		
Friday	February 18, 2011			20
	Omelette 1 ea KIND SENT-	Tuna 1 pouch	Entrée 1 ea ENTRÉE SENT-	
	Catsup 2 ea	Canned Fruit 2 styro cups	Fresh Fruit 2 ea	
	Fresh Fruit 2 ea	Bagel 1 ea	Little Debbie Cookie 1 ea	
	Cold Cereal 2 ea	Mayonnaise/Mustard 1 ea	Punch 1 ea	
).). ·	Kosher Pastry 1 ea	Kosher Chips 1 bag	, gilleri , wa	
	Milk 1 ea	Milk 1 ea		
Saturda				
	February 19, 2011			20
	Cold Cereal 4 ea	Peanut Butter 1 pkt	Tuna 1 pouch	
	Fresh Fruit 2 ea	Jelly 1 ea	Canned Fruit 2 styro cups	
	Kosher Pastry 1 ea	Bagel 1 ea	Bagel 1 ea	
	Milk 2 ea	Fresh Fruit 2 ea	Mayonnaise/Mustard 1 ea	
		Kosher Chips 1 bag	Kosher Chips 1 bag	
		Milk 1 ea	Milk 1 ea	
Clivyou				
Sunday				20
Sunday	February 20, 2011	Roked Poteto 1 on	Entrée 1 es ENTDÉE SENT_	20
Sunday	February 20, 2011 Breakfast Entrée KIND SENT-	Baked Potato 1 ea	Entrée 1 ea ENTRÉE SENT-	20
Sunday	February 20, 2011 Breakfast Entrée KIND SENT- Syrup 2 ea	Margarine 2 ea	Fresh Fruit 2 ea	20
Sunday	February 20, 2011 Breakfast Entrée KIND SENT- Syrup 2 ea Fresh Fruit 2 ea	Margarine 2 ea Corn Muffin 2 ea	Fresh Fruit 2 ea Little Debbie Cookie 1 ea	20
Sunday	February 20, 2011 Breakfast Entrée KIND SENT- Syrup 2 ea Fresh Fruit 2 ea Cold Cereal 2 ea	Margarine 2 ea Corn Muffin 2 ea Honey 2 pak	Fresh Fruit 2 ea	20
Sunday	February 20, 2011 Breakfast Entrée KIND SENT- Syrup 2 ea Fresh Fruit 2 ea	Margarine 2 ea Corn Muffin 2 ea	Fresh Fruit 2 ea Little Debbie Cookie 1 ea	20

February 21, 2011 THROUGH February 27, 2011

	February 21, 201	Inkough	rebruary 21, 2011	
	Subject To Change	LUNCH:	DINNER:	
Monday	BREAKFAST:	LUNCH:	DINNER:	
WUITUAY	February 21, 2011			301
	Waffles 3 each	Tuna 1 pouch	Entrée 1 ea ENTRÉE SENT-	001
	Syrup 2 ea	Canned Fruit 2 styro cups	Fresh Fruit 2 ea	
	Fresh Fruit 2 ea	Bagel 1 ea	Little Debbie Cookie 1 ea	
	Cold Cereal 2 ea	Mayonnaise/Mustard 1 ea	Punch 1 ea	
	Milk 1 ea	Kosher Chips 1 bag	Taron Pea	
	WRIX 1 64	Milk 1 ea		
Tuesda	у			
	February 22, 2011			302
	Omelette 1 ea KIND SENT-	Peanut Butter 1 pkt	Entrée 1 ea ENTRÉE SENT-	
	Catsup 2 ea	Jelly 1 ea	Fresh Fruit 2 ea	
 	Fresh Fruit 2 ea	Bagel 1 ea	Little Debbie Cookie 1 ea	
•	Cold Cereal 2 ea	Fresh Fruit 2 ea	Punch 1 ea	
	Kosher Pastry 1 ea	Green Salad 3/4 c		
	Milk 1 ea	Salad Dressing 2 sm pkt		
		Kosher Chips 1 bag		
		Milk 1 ea		
Wednes	· •			
	February 23, 2011		,	303
	Omelette 1 ea KIND SENT-	Baked Potato 1 ea	Entrée 1 ea ENTRÉE SENT-	
	Catsup 2 ea	Margarine 2 ea	Fresh Fruit 2 ea	
	Fresh Fruit 2 ea	Corn Muffin 2 ea	Little Debbie Cookie 1 ea	
	Cold Cereal 2 ea	Honey 2 pak	Punch 1 ea	
	Kosher Pastry 1 ea	Green Salad 3/4 c		
•	Milk 1 ea	Salad Dressing 2 sm pkt		
		Milk 1 ea		
Thursda				204
	February 24, 2011	Data I Batata A aa	Entrée 1 ea ENTRÉE SENT-	304
	Omelette 1 ea KIND SENT-	Baked Potato 1 ea		
	Catsup 2 ea	Margarine 2 ea	Fresh Fruit 2 ea	
	Fresh Fruit 2 ea	Corn Muffin 2 ea	Little Debbie Cookie 1 ea	
	Cold Cereal 2 ea	Honey 2 pak	Punch 1 ea	
	Kosher Pastry 1 ea	Green Salad 3/4 c		
	Milk 1 ea	Salad Dressing 2 sm pkt Milk 1 ea		
Friday		WINCE OUT		
Sec.	February 25, 2011			305
	Plain Pancakes 3 ea	Peanut Butter 1 pkt		
	Syrup 2 ea	jelly 1 ea	Entrée 1 ea ENTRÉE SENT-	
	Fresh Fruit 2 ea	Bagel 1 ea	Fresh Fruit 2 ea	
	Cold Cereal 2 ea	Fresh Fruit 2 ea	Little Debbie Cookie 1 ea	
	Milk 1 ea	Green Salad 3/4 c	Punch 1 ea	
:		Salad Dressing 2 sm pkt		
		Kosher Chips 1 bag		
		Milk 1 ea		
Saturda	♥			
	February 26, 2011		D 10 11 4 61	306
	Cold Cereal 4 ea	Tuna 1 pouch	Peanut Butter 1 pkt	
	Fresh Fruit 2 ea	Canned Fruit 2 styro cups	Jelly 1 ea	
	Kosher Pastry 1 ea	Bagel 1 ea	Bagel 1 ea	
	Milk 2 ea	Mayonnaise/Mustard 1 ea	Fresh Fruit 2 ea	
		Kosher Chips 1 bag	Kosher Chips 1 bag	
Cundou		Milk 1 ea	Milk 1 ea	
Sunday	February 27, 2011			307
	Omelette 1 ea KIND SENT-	Baked Potato 1 ea	Entrée 1 ea ENTRÉE SENT-	007
			Fresh Fruit 2 ea	
	Catsup 2 ea Fresh Fruit 2 ea	Margarine 2 ea Corn Muffin 2 ea	Little Debbie Cookie 1 ea	
	Cold Cereal 2 ea	Honey 2 pak	Punch 1 ea	
	Kosher Pastry 1 ea	Green Salad 3/4 c		
	Milk 1 ea	Salad Dressing 2 sm pkt		
		Milk 1 ea		

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February 28, 2011

THROUGH

March 6, 2011

	Subject To Change		water of by Lott	
	BREAKFAST:	LUNCH:	DINNER:	
Monday				
	February 28, 2011 Breakfast Entrée KIND SENT-	Peanut Butter 1 pkt	Entrée 1 ea ENTRÉE SENT-	401
	Syrup 2 ea	Jelly 1 ea	Fresh Fruit 2 ea	
	Fresh Fruit 2 ea	Bagel 1 ea	Little Debbie Cookie 1 ea	
	Cold Cereal 2 ea	Fresh Fruit 2 ea	Punch 1 ea	
	Milk 1 ea	Green Salad 3/4 c Salad Dressing 2 sm pkt		
		Kosher Chips 1 bag		
		Milk 1 ea		
Tuesda	у			
:	March 1, 2011			402
	Omelette 1 ea KIND SENT-	Tuna 1 pouch	Entrée 1 ea ENTRÉE SENT-	
	Catsup 2 ea	Canned Fruit 2 styro cups	Fresh Fruit 2 ea	
	Fresh Fruit 2 ea	Bagel 1 ea	Little Debbie Cookie 1 ea	
	Cold Cereal 2 ea	Mayonnaise/Mustard 1 ea	Punch 1 ea	
	Kosher Pastry 1 ea	Kosher Chips 1 bag		
	Milk 1 ea	Milk 1 ea		
Wednes				
	March 2, 2011	m (m) (1 4 4 4 4	pro , , , , , , , , , , , , , , , , , , ,	403
	Waffles 3 each	Peanut Butter 1 pkt	Entrée 1 ea ENTRÉE SENT-	
•	Syrup 2 ea	Jelly 1 ea	Fresh Fruit 2 ea	
	Fresh Fruit 2 ea	Bagel 1 ea	Little Debbie Cookie 1 ea	
	Cold Cereal 2 ea	Fresh Fruit 2 ea	Punch 1 ea	
	Milk 1 ea	Green Salad 3/4 c Salad Dressing 2 sm pkt		
		Kosher Chips 1 bag		
		Milk 1 ea		
Thursda	У			
•	March 3, 2011			404
	Plain Pancakes 3 ea	Tuna 1 pouch	Entrée 1 ea ENTRÉE SENT-	
	Syrup 2 ea	Canned Fruit 2 styro cups	Fresh Fruit 2 ea	
	Fresh Fruit 2 sa	Bagel 1 ea	Little Debbie Cookie 1 ea	
	Cold Cereal 2 ea	Mayonnaise/Mustard 1 ea	Punch 1 ea	
:: :	Milk 1 ea	Kosher Chips 1 bag		
		Milk 1 ea		,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
Friday	March 4 2014			405
	March 4, 2011 Omelette 1 ea KIND SENT-	Baked Potato 1 ea	Entrée 1 ea ENTRÉE SENT-	400
	Catsup 2 ea	Margarine 2 ea	Fresh Fruit 2 ea	
	Fresh Fruit 2 ea	Corn Muffin 2 ea	Little Debbie Cookie 1 ea	
	Cold Cereal 2 ea	Honey 2 pak	Punch 1 ea	
	Kosher Pastry 1 ea	Green Salad 3/4 c	1 6/10/11 1 7/4	
r. Vi	Milk 1 ea	Salad Dressing 2 sm pkt		
		Milk 1 ea		
Saturda	V			
	March 5, 2011			406
	Cold Cereal 4 ea	Peanut Butter 1 pkt	Tuna 1 pouch	
	Fresh Fruit 2 ea	Jelly 1 ea	Canned Fruit 2 styro cups	
* *	Kosher Pastry 1 ea	Bagel 1 ea	Bagel 1 ea	
	Milk 2 ea	Fresh Fruit 2 ea	Mayonnaise/Mustard 1 ea	
		Kosher Chips 1 bag	Kosher Chips 1 bag	
		Milk 1 ea	Milk 1 ea	
Sunday				
	March 6, 2011		,	407
	Omelette 1 ea KIND SENT-	Baked Potato 1 ea	Entrée 1 ea ENTRÉE SENT-	
	Catsup 2 ea	Margarine 2 ea	Fresh Fruit 2 ea	
	Fresh Fruit 2 ea	Corn Muffin 2 ea	Little Debbie Cookie 1 ea	
	Cold Cereal 2 ea	Honey 2 pak	Punch 1 ea	
	Kosher Pastry 1 ea	Green Salad 3/4 c		
	Milk 1 ea	Salad Dressing 2 sm pkt		
		Milk 1 ea		

A Very Abridged Guide to Kosher Dietary Laws (an introductory overview only!)

slightest morsel of forbidden lood taints not only the body, but the soul fiself. Accordingly, the availability of nutritionally-sufficient to she from Hosher means farmore than just "non-pork." Throughout history, observant leves have practically starved theorestes rather than consume any tood or drink that was not "foother" (the word nears, "proper" or "fit"). A leve's obligation to consume only kosher food is a Biblically-mandated precept as elaborated by principles set forth by Rabbits and Sages thousands of years ago, and applied today. Observant leves bettere that the lew is not a futury accommodation; it is an essential provision to allow that person to five.

All food and their components are divided into four categories:

(1) MEAT; (2) DURY; (3) PARVE (HEUTPAL); AND (4) HOM-KOSHER (WHICH INCLUDES HITTERES OF MEAT AND BAIRY, AND MIXTURES OF MEAT AND

Dairy products must be derived from kosher animals. Accordingly, milk products from a pig, carrel, or other non-kosher animal is not kosher. Hany observant Jews will not consume milk and dairy products unless supervision during processing ("Cholov Itsche"). they have a high level of rabbinical Only certain Biblically-defined animals are (generally coars and sheep), and poultry; humane way by skilled and learned lews. resgiously-mandated way observed by a or other skilled and learned people Meats must be washed and sailed in a only certain portions of those animals slaughtered in a religiously-mandated may be consumed. Animals must be kosher; ruminants with split hooves under his direction

either meat or dairy products (although fish vegetables). Only fish with scales and fins are kosher. Accordingly, no shellfish are kosher. Parve products may be eaten with Everything kosher that does not fall under the categories of meat or dairy are called pare (neutral), Induded are eggs, may not be mixed with meat in a single kosher fish and plants (fruits and

INTRINSPOLLY HON-KOSHER: all non-numbant animals and those rodents; all grape juice products not supervised by a Rabbi; all hard cheese products not supervised by a Rabbi; all mixtures of inspected according to Jewish Jaw, all shelffish; all insects and that do not have split hooves; most birds except poutby; all animals that have not been slaughtened, soaked, saited and meat and dain; all mixtures of meat and fish.

customary to mark all utensis used for dairy foods so that they will not be interchanged with those used for meat. Observant less

do not eat from the same loaf of bread if it has been used with

both meat and dainy products.

cuttery are required: one for mest and one for daily foods. It is

Accordingly, two separate sets of cooking stensils, dishes and

NON-XOSHER AS A RESULT OF PROCESSING: spray-dried products; together, nor may a lew derive any benefit from such mixed foods. products. Heat and daily products may not be cooked or eaten reacted flavors; production of fatty acids; some canned foods; food prepared with equipment previously used for non-kosher

INGREDIENTS

been used or washed together with non-kosher foods; and (2) are

not used both for meat and dairy products).

served with appropriate mensis (e.g., utensis that have not (a)

derivatives) in a product renders that product "meat" or "dairy."

Even a very small amount of meat or dairy (or their

Care must aways be taken that knother foods are prepared and

The overathebring najority of basic ingredients may or may not be booker depending on their origin or processing history. Accordingly, they require Rabbinical supervision to insure that their origin is from a kosher product, that they were processed with proper equipment and whether they are meat, dality or parve.

KOSHER: civet; castoreum; carmine; INGREDIENTS THAT CAN NEVER BE

INGREDIENTS PRESENTLY NOT AVAILABLE natural cognac od; enocianina (grape skin IN KOSHER FORM: musk; animal gedalin;

denived from an animal source: all oil and fats; naturaliatty acids, their exters and INGREDIENTS REQUIRING PABBINICAL especially palmatic, stearic, oleic and SUPERVISION: Products that may be

pelargonic acids; fathy atophols, addehydes sorbitans and all emulsifiers; amino acids and hydrafyzed proteins; glycerol and and ictories; lactones; polysorbates, products; whey (arising from enzyme esters; enzymes; enzyme-modified action); viramins

natural cognac oil; fusel oil; amyl alcohol Products that have or may have a grape and esters; natural valeric acid; ethyt laice origin juices; wine; enocianina;

cause a product to be "dainy". milk solids; lactose, casein and derivatives; cream and acetadeinde; vinegar. Products that are dairy or may have a dairy origin and will derivatives; starter distillates; whey and chemicals produced from it; fatty acids from butter or cheese; butyric, capraic, alcohol; naturalethyl esters; natural propionic and myristic acids.

Many common products and national brands are labeled with symbols signifying that they have been prepared under rabbinical supervision and comply with kosher dietary laws.

THE SABBATH, HOLIDAYS AND FAST DAYS

Sabbath and hobday meak should include whee (or grape jaice), two loaves of bread (or rolls or whole mattoe), fish and meat. Observant kaws may not eat foods that are cooked on the Sabbath, or even reheated by Jews on the Sabbath, Accordingly, work schedules may need to be rearranged to insure that no lewish smales (or staff) actually reheat any of the pre-cooked toods (e.g., instant gifts, hot cereal, boef or chicken entrees) on the Sabath, Work proscriptions for Bakteally-mandated festivals are generally the same as for the Sabbath, except for more lenient rules governing the use of fire and the preparation of food. The specific prohibitions of festivals and their differences from the Sabbath are beyond the scope of this menorandum. Competent rabbinic authorities should be consulted with individual questions. Institutional staff should be aware that Jewish inmates may not be able to eat dinner at its regularly-scheduled time on the eve of certain fast days, and should be permitted to eat well *forfare* sundown. ifth respect to all fast days, staff should be made aware that kwish innates may need to wait to consume any food or drink until one hour after sundown on the fast day itself, and, if dinner is scheduled before then, those innates should be given the opportunity to eat at a later, more reigiously appropriate, time.

PASSOVER FOODS

ryer bastey, oaks, spefit com; legumes (soy, peand, etc); rice, mustant; alcohol; been, deutrose (from wheat or com); sorbitol (Sephadic; lews do ear some of these items). As a general rule, Passoner products may not be manufacuned with, cooked or served in utensis that were previously used with non-Passoner thods. All products that negute Passoner cestification must be manufactured under Rabbinical supervision. Matto available year-round kn addition to all of the above, the following products and their derivatives may not be used during the Jewish eight-day holiday of Passover: wheat, is generally learned and is not looker for Passover.

KOSHER FOOD IN INSTITUTIONAL ENVIRONMENTS

Kosher food can be made available to benish innates by: (1) preparing it on site with proper kitchen facilities under the drection of a qualified kosher food supervisor; (2) obtaining pre-packaged medas from Kosher food vendors around the country (e.g., airline dinners or shelf stable parkaging) and products with appropriate kosher certification symbols; and/or (3) obtaining fresh products with appropriate kosher certification symbols; and/or (3) obtaining fresh products through retail orders and kosher food purrayors. The use of disposable plastic or paper goods is an easy, cost-effective and religiously-acceptable alternative when providing Kosher food in an institutional environment.

Adepted from "A fielde to Karber Oktory Lorn," by Or. 1 Lord, Ph.D.

Kosher Certification of Commercially-Available Products

All food and their components are divided into four categories:

- Next (which may not be prepared with the same utensits, or consumed with, dairy products).
 Dairy (which may not be prepared with the same utensits, or consumed with meat products).
 Parne (neutral products, which may be prepared or consumed with either meat or dairy products); and
 Non-Kosther (which includes non-hosher foods, mixtures of meat and dairy, and mixtures of meat and fact).

process; the source, preparation and service of the product. Ingredients listed on food packaging is not a reliable indicator as to whether the product is kosher. Many ingredients do not list their components (e.g., "Gelatin" does not indicate whether it was derived from animal products or vegetable matter; "Ravenings" does not indicate source) and ingredients used in trinsite amounts are not necessarily listed. Many thousands of common matter; "Ravenings" does not indicate source) and ingredients used in nimite amounts are not necessarily listed. Many thousands of common consacrially-avaitable products and national brands are labeled with trademarked symbols signifying that they have been prepared under rabbinical Observant Lens will ext most food products only when they know that highly-competent skilled and learned lews have supervised the entire supervision and comply with kosher dietary requirements.

The letter "X" alone printed on a food package provides no meaningful assurance. It is a generic letter that may be placed on most ampling, and does not ordicate that any reputable busher certifying organization has provided any oversight at alf. Six of the most-commonsy accepted national tookher certification agencies and their trademarked symbols are:



The Union of Orthodox Jewish Congregations New York, NY 10004 1 Sroadeav (Ac. 26)

helikation: The "OU" Kashrus Urectory Tel.: (212) 563-4000 (212) 564-9058

Publication: The Kasher Outbook

Jel.: (201) 837-0500 Fax: (201) 837-0126

Teanerck, NJ 07666

Central Rabbínical Congress

85 Division Averue Broakha, NY 11211

CRC

KOF-K Kosher Supervision

201 The Plaza

The Organized Kashrus Laboratories

F41: (718) 756-7500 Brookin, NY 11213 391 Tray Ave.

Publication: The Jewish Homemater Fax (718) 756-7503

Szar-K" Kosher Certification Baltamore, MD 21208-5234 Tel.: (410) 484-4110 11 Warren Road

Publication: Kashrus Kurrents Fac (410) 653-9294



("Breuer's" or the "KNI") 85-93 Bennett Avenue New York, NY 10033 K'hai Adath Jeshana

Tel.: (212) 923-3582 Fax: (212) 781-4275

Publication: KN Newsletter

The letter "D" following some of these symbols againfies that the product contains dairy products (and may not be used with meat products).

The letter "P" takewing the symbol generally means that the product is "Pane" (and may be used with either meat or dairy), but the letter "P" alone may also mean that the product is "kosher for Passover," but not necessarily Pane. Always check with the certifying agency itself if you have any questions.

There are nearly two fundred kosher symbols and corresponding agencies that certify ingredents and packaged foods throughout the United States. Asstrass Augustic, a magazine for knoher consumers, publishes lists fire times per year of products and manufacturers preparing kosher food, and other news and updates. One issue per year contains an extensive Ising of the names, addresses and symbols used by all kosher certifying agencies. Subscriptions are \$18 per year, \$33/2 yrs, and may be obtained from Kashous Magazine, POB 204, Brooklyn, NY 11204. Tel-

you have any questions regarding the laws of Kashruh, are in need of assistance, or would like more information on the laws of Kashruit, please feel free to call us. We can also try to direct you to Kosker vendors and provide information on available Kosher products.



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